



YMCA CAMP IHDUHAPI

OUTDOOR LEARNING PROGRAM

Year-round opportunities to connect to and through nature!

PROGRAM THEMES:

- Group Initiatives*
- High Challenge Course
- Outdoor Living Skills*
- Predator & Prey
- Discovery Hike*
- Watershed Investigation*
- Winter Adventure (December-March)
- Maple Syrup Immersion (March-April)
- Archery (April-November)
- Canoeing (May-October)

*Mobile options available!

**For more information, contact
Ihduhapi.Info@ymcanorth.org**

PROGRAM THEME DESCRIPTIONS

GROUP INITIATIVES*

Portable activities are the lifeblood of team-building experiences. Facilitators utilize portable props to lead activities that can be done in any setting: on the beach, mid-hike, indoors during bad weather, and beyond. Groups will be invited to set goals, communicate, cooperate, and problem-solve to complete each activity. This program may also include low challenge course elements.

HIGH CHALLENGE COURSE

An experience on one of our high challenge course elements is designed to invite participants to try something new and, when desired, allow participants to step outside of their comfort zone. There are numerous types of high challenge course elements available for your group; these range from one participant climbing at a time, partners climbing together, or an entire group participating simultaneously. There are multiple ways for participants who choose not to climb to be involved while keeping their feet on the ground.

OUTDOOR LIVING SKILLS*

This program explores strategies and skills that participants may use to make time in the outdoors more comfortable and enjoyable. Fires, shelters, knots, and navigation are all potential topics for your group to learn and practice. Depending on your group's needs and interests, this program may also include group initiatives.

PREDATOR & PREY

Become an animal in the ultimate game of survival! Program participants will search for resources in their habitat while hunting or being hunted according to their role in the ecosystem. This active camp game can be adapted to meet the age and developmental needs of your group.

DISCOVERY HIKE*

Explore the prairie, forest, and wetland biomes of YMCA Camp Ihduhapi on a Discovery Hike. Guided observation, team building initiatives, and trail games will provide opportunities for your group to connect with each other and the natural world. Focus areas may include tree and plant identification, animal tracking, and more!

WATERSHED INVESTIGATION*

Water is an essential natural resource that affects every organism in an ecosystem. In this program, participants will use nets and other materials to observe aquatic organisms in their natural habitat. Topics such as water quality and the water cycle will inform the investigation as participants make scientific claims related to the watershed at YMCA Camp Ihduhapi.

WINTER ADVENTURE (December-March)

YMCA Camp Ihduhapi is proud to offer four seasons of engaging outdoor adventure for groups of all ages, backgrounds, and abilities. Winter is another fantastic opportunity to customize your visit to camp and lean into experiences that your group will remember for years. Options may include a visit to Toboggan Hill, snowshoeing, broomball, outdoor living skills, a winter sauna, and more!

MAPLE SYRUP IMMERSION (March-April)

Get hands on with an immersive maple syrup experience - learn the steps from tree to sap, sap to syrup, and syrup to sugar! In a small group setting, you'll learn how to identify sugar maple trees, practice tapping trees, collect sap, and how to evaporate sap to produce syrup and maple sugar. This program may also include elements of outdoor living skills, group initiatives, and winter adventure.

ARCHERY (April-November)

YMCA Camp Ihduhapi is happy to offer a three-season introduction to archery through the Outdoor Learning Program. Participants will learn about equipment and safety expectations before setting personal goals and encouraging their peers at the range.

CANOEING (May-October)

Practice your paddling on beautiful Lake Independence! Paddlers will learn essential strokes and skills on shore before loading boats and hitting the water. All canoe groups will be accompanied by a Camp Ihduhapi lifeguard.

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