



# Hudson YMCA GYM SCHEDULE

April 22 - April 28, 2024

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday			
	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2		
	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym	West Gym	East Gym		
5:00	5:00am-7:00am Drop-In Open Gym		5:00am-8:30am Drop-In Open Gym		5:00am-7:00am Drop-In Open Gym		5:00am-8:45am Drop-In Open Gym		5:10am-5:55am HIIT Class		CLOSED		CLOSED			
5:30									6:00am-7:00am Drop-In Open Gym							
6:00											7:00am-8:30am Drop-In Open Gym		7:00am-9:00am Int/Advanced Open Pickleball			
6:30	7:00am-10:00am Int/Advanced Open Pickleball		Open		7:00am-10:00am Int/Advanced Open Pickleball		8:45am-10:00am Open Gym		7:00am-10:00am Int/Advanced Open Pickleball				9:00am-10:00am Open Beginner Pickleball			
7:00			9:00am-11:30am Family Gym		10:15am-10:45am Open		9:00am-9:45am Circuit									
7:30					10:15am-10:45am Open				10:15am-11:40am Drop-In Open Gym							
8:00					10:45-11:40am Open		10:00am-1:00pm Int/Advanced Open Pickleball				Youth Sports Game Days (See Dates & Times Below)					
8:30					11:40am-1:10pm Adult Pick-Up Basketball				11:40am-1:10pm Adult Pick-Up Basketball							
9:00																
9:30																
10:00	10:15am-11:40am Drop-In Open Gym		12:00pm-1:00pm Drop-In Open Gym				1:00pm-2:00pm Open Beginner Pickleball									
10:30																
11:00																
11:30	11:40am-1:10pm Adult Pick-Up Basketball															
12:00	1:10pm-1:30pm Open		1:00pm-3:15pm Pickleball Class													
12:30	1:30pm-2:30pm Open Beginner Pickleball		OPEN		1:00pm-9:00pm Drop-In Open Gym											
1:00			3:15-4:30pm Pickleball Class													
1:30			4:00-5:00pm Sports													
2:00			OPEN													
2:30																
3:00																
3:30																
4:00																
4:30																
5:00	2:30pm-9:00pm Drop-In Open Gym		5:00pm-9:00pm Youth Sports						4:30pm-7:30pm Open Gym		5:00pm-7:00pm Family Gym					
5:30																
6:00																
6:30																
7:00																
7:30																
8:00																
8:30																
9:00									7:30pm-9:00pm Drop-In Open Gym							

\*\*Gym Schedule is subject to change, due to events, weather, and programming  
There could be frequent adjustments to the gym schedule.

Last Updated: 3/28/2024

**Youth & Adult Sports Game Days:**  
Saturday, April 6, 2024 8:30am-5:00pm  
Saturday, April 27, 2024 8:30am-5:00pm

YMCA Sports Program	Family Gym	Open Pickleball	Open Beg. Pickleball
Open Adult Basketball	Fitness Class	Kids Fitness Class	Gym Event/Rental