



Forest Lake YMCA

GYMNASIUM SCHEDULE

April 1 - May 4

	Monday		Tuesday		Wednesday		Thursday		Friday		Saturday		Sunday	
	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym	North Gym	South Gym
5:00	5:00am - 7:00am Open Gym		5:00am - 7:00am Open Gym		5:00am - 6:00am Open Gym		5:00am - 7:00am Open Gym		5:00am - 7:00am Open Gym		CLOSED		CLOSED	
5:30														
6:00														
6:30					6:00am - 9:00am Drop-In Pickleball									
7:00	7:00am - 10:00am Drop-In Pickleball		7:00am - 10:00am Drop-In Pickleball				7:00am - 10:00am Drop-In Pickleball		7:00am - 10:00am Drop-In Pickleball		7:00am - 11:00am Open Gym		7:00am - 11:00am Open Gym	
7:30														
8:00														
8:30														
9:00					9:00am - 10:30am Group X Class Foreverwell Strength									
9:30														
10:00	10:00am - 12:30pm Open Gym		10:00am - 12:30pm Open Gym				10:00am - 12:30pm Open Gym		10:00am - 12:30pm Open Gym		11:00am - 1:00pm Drop-In Pickleball		11:00am - 1:00pm Drop-In Pickleball	
10:30														
11:00														
11:30														
12:00														
12:30	12:30pm - 2:30pm Drop-In Pickleball		12:30pm - 2:30pm Drop-In Pickleball		12:30pm - 2:30pm Drop-In Pickleball		12:30pm - 2:30pm Drop-In Pickleball		12:30pm - 2:30pm Drop-In Pickleball					
1:00														
1:30														
2:00											1:00pm - 5:00pm Open Gym		1:00pm - 5:00pm Open Gym	
2:30	2:30pm - 5:30pm Open Gym		2:30pm - 5:30pm Open Gym				2:30pm - 6:00pm Open Gym							
3:00														
3:30														
4:00														
4:30														
5:00														
5:30	5:30pm - 6:45pm Youth Volleyball League								2:30pm - 8:45pm Open Gym		CLOSED		CLOSED	
6:00			5:30pm - 8:45pm Youth Basketball Classes/Leagues											
6:30														
7:00	6:45pm - 8:45pm Open Volleyball				7:00pm - 8:45pm Drop-In Pickleball		6:00pm - 8:45pm Open Volleyball							
7:30														
8:00														
8:45														

**Gym Schedule is subject to change due to events, Holidays, weather, and programming
There could be frequent adjustments to the gym schedule.

Last Updated: 4/2/2024

To be respectful of all those who would like to use the gymnasium space, **full court basketball games are not allowed when only half the gymnasium is open**

**ALL YMCA FACILITIES ARE
CLOSED EASTER SUNDAY
MARCH 31ST**

GYMNASIUM IS CLOSED:
Saturday, April 6th 9am-2pm for Youth Programming Volleyball Games
Saturday, April 13th 8am-3pm for Youth Programming Basketball Games
Tuesday, April 23rd 7am-2:30pm for Senior Expo
Thursday, April 25th 5:30pm-9pm for Youth Programming Basketball Games